

## Employee Assistance Programs

In today's highly competitive world, employers need a workforce that they can rely on to provide peak performance in the completion of their job responsibilities. Total Health is critical if one is to achieve Total Performance.

Our Employee Assistance programs are designed to help you take care of your most valuable resource; your employees achieve the necessary life balance in order to help your company succeed. In today's fast-paced world, it is easy for individuals to lose focus. Job Stress, Relationships, Anxiety, Family Difficulties, Trauma, Financial Issues, Eldercare, Illness and Disabilities: all of these and more find their way into the lives of individuals and intimately into the employment setting.

Employers face these issues in the way of increased absenteeism, lower productivity, increased on-the-job accidents and injuries, increased medical expenses, substance abuse and unwanted employee turnover. One way or another, costs add up. Yet effectively addressed, such expenses can be minimized.

Triune offers a unique approach to these problems of restoring Life Balance, by providing an Employee Assistance Program that is based on the total health of the individual as well as the total integration of the individual from a physical, psychological, and a spiritual basis. At its best, our EAP programs work in concert with our physical health and wellness programs to achieve total balance of physical, psychological and spiritual needs of the individual. Teaching individuals to structure their lives with good health habits as well as building character strengths and virtues for sound psychological health, will yield high dividends for the individual, their family and their employer.

Custom designed to meet each employer's individual needs, Triune can combine a program of value-based instruction for all employees, along with specialty services for those in greater need. Such services would include confidential assessments, referral treatment and assistance for critical need cases, consultation for management and supervisors, help in recognizing problems in the workplace, and education and wellness programs.

It is only by working to restore individuals to the level and in the model that they were created to be, that they will be able to achieve all that they were meant to be. Additional information about Employee Assistance Programs.